

# THE SUBNET



February /March 2007

## Monthly Message

By Julie Johansson, Substitute Committee Chair

February is a love-ly month and I am sure all the chocoloholics enjoyed another special calendar day, Valentine's Day. In addition, we also had the annual Teachers' Convention last Thursday and Friday. Dr. Brokenleg, the opening keynote speaker, was fabulous! His soft spoken voice and his wise words impressed me. It was the first time I had heard him speak. He received great reviews from everyone I met. His four principles that are very effective among youth are Belonging, Mastery, Independence and Generosity. He made us aware that in the North American Society children are not highly valued. He reminded us that to build a sense of belonging we need to listen, interact and respect youth. We should always identify strengths and build on them. Give natural consequences rather than punishments and through experiences of giving and contributing, youth retain and regain their sense of their own goodness. It was great to see so many substitute teachers attending Teachers' Conference. Hopefully in the future we will see more sessions geared to the needs of the substitutes.

### *March Calendar*



Substitute Teachers Meeting  
Monday, March 5<sup>th</sup>  
Attwell Building  
4:10 p.m.

### *ATA Sub Essay Contest*

Julie Johansson received 3<sup>rd</sup> place and a cheque for \$25.00 for her essay she submitted titled "A Road Trip." One of the five best essays will be featured in the ATA Newsletter.

# In the News

The Substitute Teachers in the Lethbridge Public will have access to district e-mail beginning this month. We would like to thank the EPC committee and all those involved who supported the substitutes in receiving district e-mail. This successful step will provide subs with district information.

In order to receive district information via e-mail, substitute teachers must provide an e-mail address to the substitute committee chair. **If you do not provide an e-mail address, you will not be receiving district information.**

You may provide your e-mail address by e-mailing Julie Johansson, Substitute Committee Chair at [juliejohansson79@hotmail.com](mailto:juliejohansson79@hotmail.com)

**Please note, if you are not on the substitute teachers list for Lethbridge School District 51, you will not be receiving district information.**